

Living and Dying Well with Frailty Learning Session 2

Key points from Team Presentations and Unconferencing Discussions

Arcoona Room - North Ayrshire (Arran), North Ayrshire (Largs), South Ayrshire, Highland, Glasgow City



Multidisciplinary teams

Teams shared their experiences around best practice on multidisciplinary team meetings, their function, frequency and membership.



Coding and language around “frailty”

Exploration on the challenges of ensuring the most appropriate coding is used, possible solutions to this (e.g standard template or list of codes to use) and the importance of co-designing with teams and people living with frailty the language used around frailty.



Anticipatory Care Plans

Consideration of how to improve the quality, recording and access to Anticipatory Care Plans.

Inspiration 1: Clackmannan and North West Stirling, Midlothian, Aberdeenshire, West Dunbartonshire, East Renfrewshire



Workforce

There was sharing of the challenges due to variation across systems and the impact this has on the implementation of change ideas.



Data

Teams talked about how they can get buy in using data to aid conversations. Midlothian shared how they have utilised a dedicated analyst that has transformed data creation and enabled effective sense-making.



Anticipatory Care Plans

Getting the system flow around ACP has been difficult. Discussion highlighted that is imperative to identify key roles within MDT to support the process.

Inspiration 2: Perth and Kinross (Northwest Perthshire), Perth and Kinross (Kinross, Bridge of Earn, Eroll and Abernethy), Renfrewshire, Dumfries and Galloway, Argyll and Bute



Multidisciplinary team working

There was agreement that MDT's are a very helpful and effective way to work. There was discussion on the various models of doing MDTs, from face to face meetings to using technology to hold virtual MDTs.



eFrailty Index on SPIRE

Teams shared some of the challenges that they had in relation to using the eFI on Spire and their experiences of using the eFI. Teams shared how they are building their confidence in relation to the eFI reports in Spire.



Anticipatory Care Plans

Tools to support ACPs on KIS were thought to be helpful. The consensus in the room was that MyACP was too bulky, but they would like some national guidance or template.

Inspiration 3: North Lanarkshire, South Lanarkshire, Angus, East Dunbartonshire, Inverclyde



Multidisciplinary teams

The group had discussion around how to run successful MDT's. This included consideration on which practitioners should be included in the MDT, the frequency these should take place and how these should be structured around the GP practice.



eFrailty Index on SPIRE

As with other rooms there was some discussion about what they were learning through about eFI as teams tested its use in practice. Examples were shared of instances of identification from clinical teams that were not aware of as being frail and other teams who reported that patients were identified that they did not believe were frail.



Anticipatory Care Plans

Discussion around who should complete the ACP, how this should be shared and who has access to eKIS.

The discussions on the day are now being used to help the national team plan future support for the frailty collaborative.